

AK NEWS

AQUARELLE KIDS
academy



JULY 2010



JULY THEME
Fun with Rhymes and Stories!

SPECIAL ACTIVITIES

Monday, July 5	Academy Closed Independence Day
Friday, July 30	Parent Night Out
Every Friday	Pizza or Hot Dog Day!

Dear Families,

We hope you are enjoying the summer as much as we are at Aquarelle Kids Academy! Each day our teachers plan many exciting summer activities with the children. We have kept cool with water play and our tummies full with special cold treats. The children have enjoyed making different crafts and listening to summer related stories and rhymes. If you would like to come into our classroom to read to small groups of children, we will gladly welcome you. Don't forget to try the easy and delicious ice cream recipe!

Ms. Alison, Director

TEACHABLE MOMENTS

SUMMER ACTIVITIES FOR OUR LITTLE SCIENTISTS

Children who enjoy science develop strong analytical and problem-solving skills. We have some ideas on how you can help children appreciate science and generate enthusiasm to discover the world around them.

- Children like to collect "things." Encourage your child to build a collection of items they can find outdoors such as leaves, shells, bugs and rocks. Provide a place to display their findings and ask them questions about their collection.
- Take a family nature hike to identify birds, plants and insects.
- Invite your kids into the kitchen to cook with you and have them follow recipes to help improve their math and science skills. Try our recipe included in this newsletter!
- Take a trip to a local toy or hobby shop. There are numerous home science kits available on topics from dinosaurs to the human skeleton.
- The Orlando Science Museum is a wonderful place for shared exploration.
- Keep a weather journal
- Grow a plant.
- Find a dark open space and use binoculars to scan the night sky for constellations.
- Make paper airplanes and see which design stays in the air the longest.

HOMEMADE ICE CREAM IN A BAG

What you'll need:

- 1 tablespoon sugar
- ½ cup milk
- ¼ tsp. vanilla
- 6 tablespoons rock salt
- 1 pint size plastic food storage bag
- 1 gallon size plastic food storage bag

How to make it:

- Fill the large bag half full of ice, and add the rock salt. Seal the bag
- Put milk, vanilla, and sugar into the small bag, and seal it.
- Place the small bag inside the large one, and seal it again carefully.
- Shake until the mixture is ice cream, which takes about five minutes.
- Wipe off the top of the small bag, then open it carefully.

Enjoy!